VILLAGE OF FOREST VIEW NEWSLETTER FALL 2024







Greetings!

I hope you all enjoyed your summer. It always seems to go by so quickly. We find ourselves wishing for the cool autumn breezes in August, only to crave the warm summer sun when the bitter winter winds whip across our face. And the cycle continues...

Our little Village will be turning 100 years old in December. I hope you were able to attend our third Centennial event on Sept. 28th. We are planning a fourth event for December. The Village was officially incorporated Dec.8th, 1924.

I am proud to announce that our Villages Police & Fire pension funds are one of the best funded in the State of Illinois. We were informed on Monday, August 12th by the Villages pension board actuary, Lauterbach & Amen LLP.

We will again be having a Halloween Outdoor Home Decorating Contest. No registration fees. Awards to the top three houses. Winners will receive a gift card and other goodies. To register call 708-788-3429 or email: info@forestview-il.org ending Oct. 24th. Judging will be Oct. 29th between 7pm & 8pm so keep your lights on!

Village President

Nancy L. Miller

When I was 5 years old, my mother always told me that happiness was the key to life. When I went to school, they asked me what I wanted to be when I grew up. I wrote down "happy". They told me I didn't understand the assignment and I told them they didn't understand life.

John Lennon



THINGS TO CONTEMPLATE

If you have elderly parents.....

An elderly dad in his late 80's and his son are sitting out on the back porch watching a football game. When all of a sudden, the elderly dad asked, "What is that?". The son looked up from the game and said, "That's a butterfly dad." He went back to watching the game. A few minutes passed by and the dad asked, "But what is that?". The son looked up from the game and said, "A butterfly dad, I already told you that." He went back to watching the game. A few minutes later the dad asked, "What is that?". The son looked up again and irritably said, "Come on dad that's a butterfly, chill out, I'm trying to watch the game" and went back to watching the game. The dad got up and walked into the house. A few minutes later he came back out with a journal. He opened it up, gave it to his son and said, "Read this part right here". The son turned off the tv and read:

"Today is Saturday and my 3yr old son and I are watching my wife plant a garden. We just saw a butterfly land on a rose and my son asked me 35 times, "What is that?". With patience and love I answered all 35 times that it was a butterfly.

As we get older we tend to forget the time and sacrifices that our parents invested in us when we were younger. Now it's your turn. Be kind to your parents.

There once was a little boy who had a very bad temper. His father decided to hand him a bag of nails and said that every time the boy lost his temper, he had to hammer a nail into the fence.

On the first day, the boy hammered **37 nails** into that fence and it was not so easy to do. The boy gradually began to control his temper over the next few weeks, and the number of nails he was hammering into the fence slowly decreased.

He discovered it was easier to control his temper than to hammer those nails into the fence.

Finally, the day came when the boy didn't lose his temper at all. He told his father the news and the father suggested that the boy should now pull out a nail every day he kept his temper under control.

The days passed and the young boy was finally able to tell his father that all the nails were gone. The father took his son by the hand and led him to the fence.

"You have done well my son, but look at the holes in the fence. The fence will never be the same. When you say things in anger, they leave a scar just like this one. You can put a knife in a man and draw it out. It won't matter how many times you say I'm sorry, the wound is still there."

Moral of the story:

Control your anger, and don't say things to people in the heat of the moment that you may later regret. Some things in life, you are unable to take back.

A near-tragedy inspired the author to reframe his attitude toward Parkinson's.

I first noticed something wrong in 2011. While I was walking downstairs, my feet didn't seem in sync with my brain, my balance was off, and I worried about tripping. Visits with doctors were inconclusive. As time went on, other symptoms developed—I had tremors and trouble swallowing, and my head started to shake—and I was officially diagnosed with Parkinson's disease in 2017. My neurologist called it atypical because of its sudden intensity. Over the next two years, things worsened. I stuttered when trying to form words, every muscle seemed rigid, and I had leg tremors and jerks that made walking difficult. With these symptoms, work became impossible, and I retired from my job as a genealogist in 2019 at age 54.

Postretirement, I settled into a routine of relative inactivity. As my body changed, so did my emotions. I argued less, loved more genuinely, and felt compassion more sincerely. I was less judgmental and found I loved people, places, and things for what they were. If a server got my food order wrong at a restaurant, I saw it as an opportunity to try something new. If somebody yelled at me, I figured they needed someone to listen to them. I saw family, neighbors, former classmates, and others in a new light. I sought forgiveness from those I knew I had been unfair to. I was grateful for my challenges and what they had brought me.

I appreciated my new vulnerability and accepted my reduced physicality. But something wasn't quite right. I knew I was deteriorating, but I didn't care. I felt like I was quitting.

That attitude changed one evening in 2020 when my daughter wrecked her car while driving home from college. The car rolled several times and was smashed beyond recognition. I remember the terror I felt getting the late-night call and during the tense two-hour drive to the hospital. Seeing my daughter lying there, I had a sudden and sharp realization that I needed to be more present. I wanted to be there to soothe, support, and lead my family as much as possible. My resolve to stop deteriorating strengthened as I watched my daughter make a full recovery.

Throughout the winter and into the spring of 2021, I moved and walked more, even when I didn't want to. I began to take trips to small stores without a mobility cart and even occasionally ventured to the mailbox without a cane. I would sometimes collapse for days after a particularly strenuous afternoon, but I would pick up where I left off as soon as I could.

As a result, during our annual camping trip that year, I was able to help pack, set up camp, prepare meals, and walk to the lakeside (although a little cautiously at times, and always with my cane for balance). Even though I got frustrated when I found I could no longer tie a fisherman's knot, my children were unfazed and stepped up to tie it for me. They carried my chair and pole. Together, we were unstoppable.

That summer, I often reclined in my favorite chair and reflected on how Parkinson's had shaped and forged a person that I would now never trade for health or wealth. My journey has been hard and filled with obstacles, but the gifts—renewed energy, new experiences, smiles on the faces of my wife and children—are worth it.

E. Wade Hone is a former professional genealogist who specialized in Eastern European and Russian research. He's the author of Land & Property Research in the United States. He lives in West Jordan, UT, with his wife, Julie, and two of their three children.

This was written by my cousin Jim (Jimmy). Those who know me well can see that the Miller humor, is not only hereditary but also an acquired humor, like drinking scotch. It's an acquired taste. Jim (Jimmy's dad), was my father's brother.

SENATE BEAN SOUP (SERVES 8)

Some time in the late 50's, the Jim Miller family made a pilgrimage to Washington D.C. One of the high points of the trip, culinarily speaking, was eating in the U.S. Senate Restaurant on Capitol Hill. The specialty of the restaurant was Senate Bean Soup, which Congress has by law decreed must be offered on the menu every single day. The recipe appeared on the menu. The only changes here are the optional addition of garlic and the substitution of neck bones for ham hocks.

After our Senate Restaurant experience we spent the evening in a Washington hotel room, where America's natural gas shortage temporarily became a surplus, thanks to the efforts of Mother Eve, Father Jim, Sister Billie and Brother Jerry. Brother Jimmy remained silent on the subject while the others played a symphony.

2 lbs Michigan Navy (dry white) beans

Clean, wash, run hot water thru till beans get white again

Soak overnight with water an inch over top of beans

Drain and discard soaking water

1-1/2 lbs smoked pork ham hocks (or ¾ - 1 lb smoked pork neck bones)

1 very large onion, chopped

6 cloves garlic, pressed (optional)

Salt & Pepper to taste

Put soaked drained beans to pot with 4 quarts water and bring to boil. Simmer with smoked meat, covered, for 3 hours or until beans start to disintegrate. Pick the meat from the hocks or the neck bone and return it to the soup.

Cook onions in butter or oil until soft and golden. If using garlic, add it to the onions towards end of cooking. Add onions to soup before serving, just stirring them in.

Add salt and fresh ground pepper to soup when serving.

Serve with Beano to reduce the explosive intensity of the soup's intestinal by products.



POLICE DEPARTMENT



HAVE A SAFE & HAPPY HALLOWEEN!

Do not hesitate to contact the Police Department at **708-788-0318**, or if emergency, dial **9-1-1**, of any suspicious activity.



Forest View Police Chief Zarate (from left), Sgt. Perez, Corp. Kulaga

Supplied photo

Sgt. Marcelo Perez of Forest View retires

By Carol McGowan

After more than 20 years with the Forest View Police Department, and more than 30 years in law enforcement, Sgt. Marcelo Perez recently hung up his badge.

Perez started working with the Forest View Police Department in August of 2001 as a patrolman.

In 2008, he was promoted to the rank of sergeant. "Sgt, Perez has held several different ranks throughout his career at Forest View," said Forest View Police Chief Bianel Zarate.

"From Deputy Chief to Interim Chief of Police, to his last rank before retirement being administrative sergeant and sergeant of patrol. Perez has been a sergeant for 16 years."

Zarate said a celebratory

luncheon was held in the Art Treckler Room at village hall.

"It was a great turn out. Family, friends, co-workers, residents and neighboring jurisdictions came out to show support on his last day. Wishes for a happy retirement were announced on the police radio for all to hear. He wasn't expecting any of this which made it ever nicer."



SNOW REMOVAL PARKING BAN

And looking a little further down the road......Please remember that the snow removal parking ban and towing ordinance is in effect when a snow fall of <u>2 inches or more</u> occurs. Cars in violation of this ban will be ticketed and towed. NO EXCEPTIONS!! Any questions contact Police Department at non-emergency number 708-788-0318 weekdays 9:00-5:00.

DOG OWNERSHIP



We would like to take this

opportunity to remind all residents that per Village Code all dogs must be licensed ANNUALLY (in the month of June each year) with the Village Office and wear an upto-date dog identification tag. To obtain a license, owners must show proof of a current rabies vaccination. Please remember that no \more than three (3) dogs are allowed per residence. If a dog in in your future plans, registration must occur within 30 days after acquiring, maintaining or harboring new dog. Failure to abide by Village Code will result in penalty for being in violation.

POLICE DEPARTMENT EMAIL

The email address for the Forest View Police Department is records@forestview-il.org

TICKET FINES

Please watch your speed in town. Ordinance 23-14 has been approved to protect the Forest View residents from speeders through town. The fine for speeding will be \$250.00. The fine for speeding 26 or more miles per hour over the limit will be \$500.00. Keeping our residents safe is our number one priority. These fines will be enforced through our park and school zones.



PUBLIC WORKS

Falling Leaves

When you start raking those colorful leaves, please refrain from raking them into the street. Although Public Works runs the street sweeper every week, the excess leaves blown from lawns causes blocked inlet and catch basin grates. This can lead to standing water in the curb gutters and flooding.

For new residents, leaves are to be placed in PAPER yard waste bags or garbage cans with a "Compost Only" sticker affixed to it. "Compost Only" stickers are available at the Village Office at no charge. Place full bags or garbage cans at the curb for Wednesday morning pickup.

RESIDENTS WITH LAWN SERVICE:

Please make sure your landscaping company does NOT blow the leaves into the street. Please advise your landscaper to place leaves in a garbage can with a Compost Sticker (available at the Village Office free of charge) affixed to the can or to bag the leaves in paper yard waste bags.

Hydrant Flushing

Public Works will be flushing hydrants again this fall. We will notify via CodeRed phone alert on the days we plan to do this. Flushing hydrants is a highly recommended procedure that helps flush out stagnant water from deadends in the water main system. It also allows us to keep up with maintenance and ensuring all hydrants are operational. During the flushing its possible you will experience discolored (orange/red) water, or cloudy water. This is normal and will clear up by running a faucet for 5-10 mins. Limiting water use during the flushing will decrease this possibility.

Projects and Improvement's

Street Paving

Thank you for everyone's patience and cooperation through the paving of 4500 blocks of Maple & Wisconsin and the 4600 blocks of Kenilworth & Grove. Next year we will repave 46th street with a grant we received. We will also be working on paving the remaining 4600 blocks.

Wenonah Sewer Project

The section of sewer that runs along Forest View Terminal Drive from Wenonah to Harlem has been completed. Concrete and asphalt patching for both Wenonah Ave. and Forest View Terminal Drive are expected to be completed within the next 2-3 weeks. We appreciate the patience of all the residents on the 4600 block of Wenonah during this construction process.



Forest View it's that time of year again to fall back! Just a reminder that Daylight Savings Time ends at 2:00 A.M. on Sunday, November the third. Let's remember to turn back our clocks back one hour. Changing your clocks means changing the batteries in both your smoke and carbon monoxide detectors!



The Forest View Fire Department wants to make sure you have working smoke AND carbon monoxide detectors in your home.

Having working smoke and carbon monoxide detectors can save lives and we want to remind you of a few safety points.

At a minimum, we recommend having 10-year lithium batteries in your detectors. Its recommended that each floor of the house has one smoke and carbon monoxide detector.

We at the Forest View Fire Department would like to invite you to our Fire Prevent Week Open House / Cinders First Birthday event, Sunday, October 27th 2024 from 11:00 P.M. to 3:00 P.M. We will have firehouse tours, safety talks, food/drinks and of course a lot of fun! Blood pressure and Blood sugar checks will also be available upon request. Finally, we will have take-home bags for the kids!



VILLAGE OF FOREST VIEW



HALLOWEEN SAFETY TIPS

- Always use common sense
- · Young children should always trick-or-treat with an adult
- Never trick-or-treat alone
- Plan your entire route and make sure your family knows what it is
- Wear a flame-retardant costume
- · Have your parents check your candy before you eat it
- Be careful of strangers
- Accept treats only in the doorway, NEVER go inside the house
- Don't play near lit jack-o-lanterns
- Visit only houses where lights are on
- Walk on sidewalks
- Cross the street at the corner or crosswalk
- LOOK both ways before crossing the street
- Carry a flashlight



Do not hesitate to contact the Police Department at 708-788-0318 or if emergency dial 9-1-1, of any suspicious activity.

THE VILLAGE OF FOREST VIEW HALLOWEEN HOME DECORATING CONTEST

Show off your holiday spirit and enter the Village of Forest View's Halloween Outdoor Home Decorating Competition.

REGISTRATION BEGINS ON OCTOBER 1ST ENDS OCTOBER 24TH

We will be awarding the top three houses for Halloween.

Winners will receive a gift card.

YOU MUST REGISTER - NO REGISTRATION FEE.

To register, call (708) 788-3429 or EMAIL INFO@FORESTVIEW-IL.ORG

THE OUTSIDE OF YOUR HOUSE MUST BE DECORATED BY
OCTOBER 27TH.



TRICK-OR-TREATERS

III COME!



Please stay safe!





TRICK -ORTREATERS Please.

Have a safe & Happy Halloween - see you next year!

FROM THE VILLAGE OFFICE

PRESIDENTIAL ELECTION



The Presidential election will be held on <u>Tuesday</u>, <u>Nov 5</u>, 2024 at the Village Hall in the

Art Treckler Room located on the second floor. Polls are open from 6:00 a.m. to 7:00 p.m.

Early Voting – For your convenience, any registered suburban voter may cast a ballot at one of the Cook County Clerk's early voting sites from Monday, October 21 through Monday, November 4, 2024. Voters do not need to provide an excuse or reason why they cannot make it to the polls on Election Day.

You can Register to Vote at Early Voting Sites.

Vote by Mail – Any registered suburban Cook County voter may request a mail ballot by using an online application. Please visit......

www.cookcountyclerk.com or pick-up paper application at the Village Office or call the Cook County Clerk's Office at 312-603-0946 and request one. There is a drop box at the Stickney – Forest View Library for your convenience.

Early Voting Site:

Stickney – Forest View Public Library 6800 43rd St, Stickney, IL 60402 708-749-1050

2024

Mon- Fri - Oct 21 - Oct 25 9:00 am - 5:00 pm Saturday - Oct 26 - 9:00 am - 5:00 pm

Sunday - Oct 27 - 10:00 am - 4:00 pm

Mon– Fri - Oct 28 - Nov 1 9:00 am - 5:00 pm

Saturday - Nov 2 - 9:00 am - 5:00 pm Sunday - Nov 3 - 10:00 am - 4:00 pm

Monday, November 4th - 9:00 am - 5:00 pm

SAVE THE DATE

VILLAGE OF FOREST VIEW CENTENNIAL DINNER DANCE, SUNDAY, DECEMBER 8TH Additional information to follow.

CREDIT / DEBIT CARDS

We are pleased to inform our residents that we accept credit / debit cards for all payments in the Village Office. There will be a 2.3 % service fee. You may also pay water bills online by visiting www.forestview-il.org

SALUTE TO OUR HEROES

Not only on Veteran's Day in November, but each and every day, we would like to salute all our active, inactive, and retired military residents who have so bravely served our nation!

PLEASE NOTE: The Village Office will be closed on Thursday, November 28th and Friday, November 29th for the Thanksgiving holiday.

POLICE & FIREFIGHTER PENSION FUNDS

According to the Village's Pension Board Actuary, Lauterbach & Amen LLP, the Village's Police & Firefighter Pension Funds are one of the best funded in the State of Illinois.

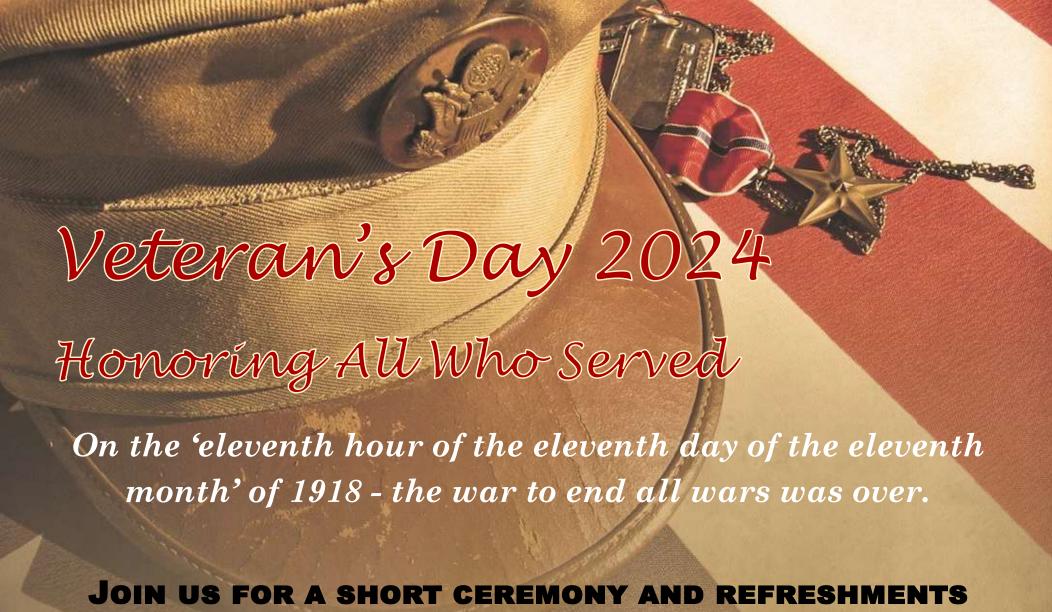
Friendly Reminder

If Groot forgets to stop by your home on pick up day, please call them at 888-485-0900

You will be added to the schedule.

Compost 11-27-24 Last Day for Pick-Up

HAPPY THANKSGIVING



Join us for a short ceremony and refreshments
Monday, November 11, 2024 | 11:00 am

FOREST VIEW VILLAGE HALL, 7000 W. 46TH STREET

CONGRATULATIONS RICH GREGO ON YOUR RETIREMENT

Thank you for 19 years of hard work and dedication to the Village of Forest View. Wishing you all the best in retirement.







CONGRATULATIONS SERGEANT MARCELO PEREZ ON YOUR RETIREMENT

Thank you for your leadership and dedication to the Village of Forest View. Wishing you all the best in retirement. Thank you for 33 years of service in law enforcement.









Friends and neighbors enjoyed welcoming Mr. Joseph Jancik home with the Vietnam Honor Flight returning from Midway Airport on Wednesday, August 28, 2024. It was an honor to welcome Mr. Jancik home. Thank you for your service Mr. Joseph Jancik.













Join the Park District Two ways to get involved:

Become a Park District Commissioner!

Join the Park Board & help plan for the future of your park. The Board meets once per month on the 2nd Monday. Board Member training available in the Spring. No prior experience necessary! Just an interest in having a wonderful Park.



Join the Recreation Department!

Join the Recreation
Department and help create
the fun! We are looking for
both a Recreation Director
as well as Recreation
Assistants. Must be available
day, night, & weekend hours.

For more information or to submit a resume/fill out an application, contact: President Dawn Walczak by October 31st dawn.walczak@forestviewparkdistrict.org

LAUGH OUT LOUD

My wife apologized for the first time ever today. She said she's sorry she married me.

People ask me why I bring an extra pair of socks when I golf.

In case I get a hole in one.

What do you call the security guards for Samsung? Guardians of the Galaxy

I asked my friend Sam to sing a song about the I Phone.

And then Samsung

The secret to life is to handle every situation like a dog:

If you can't play with it, eat it or bury it, just pee on it and walk away.

What do you call a cat that loves to bowl?

An alley cat.



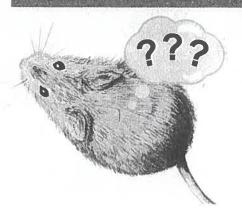




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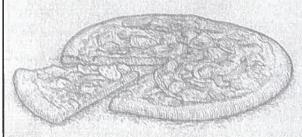
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Write the numbers 1 through 5 in each square so that each vertical and horizontal line uses the numbers only once in each line.



Word Search 8: Pizza

S S U P Z Z S Н Ε S Z 0 Н S Q Ι U Μ J S G S S 0



NEW YORK STYLE ANCHOVIES ONION **BACON** BASIL **OREGANO** PAN PIZZA **BLACK OLIVES PEPPERONI** CANADIAN BACON **PESTO DEEP DISH GREEN OLIVES PINEAPPLE RED SAUCE GREEN PEPPER** MOZZARELLA **SAUSAGE MUSHROOMS TOMATOES**

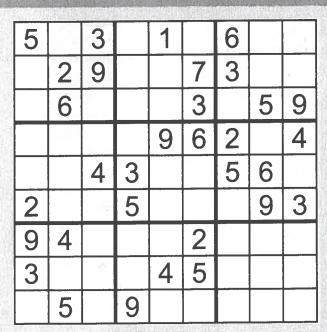
Solution on page 27.

Sudoku 15 & 16

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	5		1			3		
6					5		7	

SUDOKU 15

Solution on page 27,



SUDOKU 16

CALLING ALL LOCAL ARTISTS......COLOR & DECORATE, THEN DROP YOUR MASTERPIECE OFF AT THE VILLAGE HALL. YOUR ARTWORK WILL BE DISPLAYED IN OUR LOCAL ARTISTS CORNER. DON'T FORGET TO INITIAL YOUR ART.

